

AVANOS

ON-Q<sup>\*</sup>  
PAIN RELIEF SYSTEM



**PAIN RELIEF THAT'S BETTER  
FOR EVERY BODY.†**

*Ask your doctor about ON-Q\**

 [FACEBOOK.COM/ONQPAINRELIEF](https://www.facebook.com/ONQPAINRELIEF)  
 [TWITTER.COM/ONQPAINRELIEF](https://twitter.com/ONQPAINRELIEF)

† As determined by your doctor

# PAIN RELIEF AFTER SURGERY

Pain relief after surgery is an important part of the recovery process. When you're not in pain, you will have a more comfortable recovery and return to your normal activities faster.

## POST-SURGICAL PAIN RELIEF OPTIONS

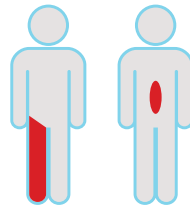
The most common way to treat pain after surgery is with narcotics, such as morphine or codeine. These drugs can cause side effects, such as breathing difficulty, constipation, nausea and vomiting. They can also make you sleepy or groggy. Narcotics affect the entire body and may slow the recovery process.

Unlike narcotics, local anesthetics are medications that numb a targeted site. Because they don't affect the entire body, there is less risk of these unpleasant side effects. Local anesthetics have been used for years for different types of surgeries and dental procedures.



### Narcotics

The brain and entire body are affected



### Local Anesthetics

Only the area near the surgical site is targeted

## ON-Q\* PAIN RELIEF SYSTEM – PAIN RELIEF RIGHT WHERE YOU NEED IT

The ON-Q\* system is a small disposable pump filled with a local anesthetic medication to relieve your pain after surgery. It continuously delivers the medication, which blocks the pain in the area of your procedure. With the ON-Q\* system, you may get better pain relief than by taking narcotics alone. You may also need to take less narcotic medication.



## HOW THE ON-Q\* PAIN RELIEF SYSTEM WORKS

The pump is connected to a small catheter (tube), which is inserted by your surgeon or anesthesiologist. Depending on your procedure, the catheter will be placed near the surgical incision site or under the skin next to a nerve near the surgical area.

The ON-Q\* pump continuously delivers the medication at a very slow flow rate. It is completely portable and may be clipped to your clothing or placed in a small carrying case.



## THE ON-Q\* PAIN RELIEF SYSTEM MAY PROVIDE:


- More comfortable recovery after surgery
- Better pain relief without the side effects of narcotics
- Quicker return to normal
- Earlier release from the hospital



**Your surgeon and anesthesiology pain management team will let you know if the ON-Q\* system is right for you.**

# IMPORTANT INFORMATION

Things to be aware of when using the ON-Q\* Pain Relief System

 **WARNING:** *The following symptoms may represent a serious medical condition. Immediately close the clamp on the pump tubing and call your doctor or 911 in case of an emergency to prevent serious patient injury.*

- Increase in pain
- Fever, chills, sweats
- Bowel or bladder changes
- Difficulty breathing
- Redness, warmth, discharge or excessive bleeding from the catheter site
- Pain, swelling or a large bruise around the catheter site
- Dizziness, lightheadedness
- Blurred vision
- Ringing, buzzing in your ears
- Metal taste in your mouth
- Numbness and/or tingling around your mouth, fingers or toes
- Drowsiness
- Confusion

## NUMBNESS

Be aware that you may experience loss of feeling at and around the surgical area. If numbness occurs, take proper measures to avoid injury. Be careful when placing hot or cold items on a numb area.

## CAUTIONS

- Do not reuse.
- Protect the pump and catheter site from water according to your doctor's instructions.

# FREQUENTLY ASKED QUESTIONS

## WILL THE ON-Q\* SYSTEM TREAT ALL OF MY PAIN?

- Patients experience different levels of pain. The ON-Q\* system works with other medications or therapies your doctor may prescribe to manage your pain after surgery. With the ON-Q\* system, you may need less narcotics and have better pain relief than with narcotics alone.

## HOW DO I KNOW THE PUMP IS WORKING?

- The pump delivers your medication very slowly. It may take longer than 24 hours after your procedure to notice a change in the size and look of the pump.
- As the medication is delivered, the pump (ball) will gradually become smaller.
- You should also take any other pain medicine as instructed by your doctor.



## HOW LONG WILL MY ON-Q\* PUMP LAST?

- Depending on the size of your pump, it may take 2-5 days to give all the medication.
- All the medication has been delivered when the ON-Q\* pump is no longer full. The outside bag will be flat and a hard tube can be felt in the center of the pump.

## WHERE CAN I FIND MORE INFORMATION ABOUT MY PUMP?

- You should be provided with a Patient Guideline prior to discharge (it may be in your carry case).
- Patient Guidelines can also be found on [www.myON-Q.com](http://www.myON-Q.com).
- There is a 24-hour Product Support Hotline for questions about your pump – 800.444.2728. Please call your doctor for all medical questions, and dial 911 for an emergency.

24-Hour Product Support  
**Hotline: 1-800-444-2728**

[myON-Q.com](http://myON-Q.com)

[FACEBOOK.COM/ONQPAINRELIEF](https://FACEBOOK.COM/ONQPAINRELIEF)

[TWITTER.COM/ONQPAINRELIEF](https://TWITTER.COM/ONQPAINRELIEF)

There are inherent risks in all medical devices. Please refer to the product labeling for **Indications, Cautions, Warnings** and **Contraindications**. Failure to follow the product labeling could directly impact patient safety. Physician is responsible for prescribing and administering medications per instructions provided by the drug manufacturer. Refer to [www.avanospainmanagement.com](http://www.avanospainmanagement.com) for additional product safety Technical Bulletins.

For more information please visit: [avanospainmanagement.com](http://avanospainmanagement.com)  
Call 1-800-448-3569 in the United States and Canada.

**AVANOS**

[avanospainmanagement.com](http://avanospainmanagement.com)



Rx only.

\*Registered Trademark or Trademark of Avanos Medical, Inc., or its affiliates.

© 2018 AVNS. All rights reserved.

MK-00453\_Rev1 05/2015